

# ANNUAL REPORT 2025-2026



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# Organization at a Glance

- **Society Reg.**

- Society Act of 1958  
No. COOP/2020/JAIPUR/200817

- **CSR Reg**

- CSR00058645

- **Income Tax**

- Section 12A & 80G Registered

- **World Bank**

- SD39JR2JPMH4/6355Y  
(U.S. SAM System)

- **Address**

- FlatNo.109, Plot No.104,  
Prithvi Nagar NayaKhera, Vidhyadhar Nagar, Jaipur – 302039

- **Website**

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## Vision

To build self-reliant, healthy, and empowered communities where every woman, child, and family has access to healthcare, dignity, sustainable opportunities, and a clean environment.

## Mission

To empower underserved communities through accessible healthcare, nutrition support, women skill development, mental health awareness, environmental conservation, and social welfare initiatives while promoting self-reliance and community participation.

Every initiative this year carried a shared purpose — to serve, empower, and uplift communities. Through healthcare support, women empowerment, environmental action, and community engagement, Aatmnirbhar NGO continued transforming challenges into opportunities for sustainable change.



## 70+

Free Health checkup  
camp



## 281506+

Children Received Health  
& Nutrition Kits



## 850+

Women Trained in  
Vocational Skills



## 5000+

Saplings Planted  
— Joint Drive



## Swachhata

Champion Award by  
Nagar Nigam Heritage





Mohit Maheshwari

## Dear Team & Supporters

I am filled with immense pride as I present our Annual Report for 2025–26 — a year that stands as a true reflection of what collective resolve and compassionate action can achieve. From the lanes of Jaipur to the classrooms of Kota, our work has touched hundreds of thousands of lives, and none of it would have been possible without each one of you.

### *Health at the Forefront:*

Partnership with Dabur India Ltd. distributed nutritious health products, juices and Heart Health items to children across government schools and Anganwadi Centres.

### *Medical Outreach:*

Collaboration with Manipal Hospitals and Eternal Hospital delivered free specialist checkups, BLS & CPR training and mental health sessions for underprivileged communities.

### *Youth Leadership:*

Structured Internship Programme engaged students from leading colleges across multiple states in live health, environment and community outreach projects.

### *Women Rising:*

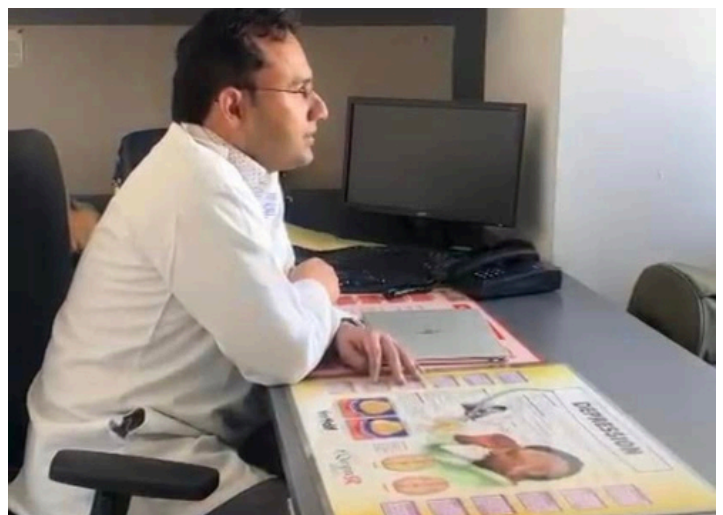
Bano Aatmnirbhar Mahila Prashikshan Shivir equipped underprivileged women with vocational training in Silai, Parlour skills and Mehndi art for financial independence.

"From planting saplings across Jaipur's parks to distributing nutrition kits in Kota's classrooms, from empowering women with marketable skills to educating communities on their legal rights — this year has been a testament to what united purpose can achieve. Every initiative we undertook brought us one step closer to building a truly self-reliant and compassionate society."

## Mental Health Internship Initiative

In partnership with **IIIM College**, Aatmnirbhar NGO launched an internship programme focused on mental health awareness. Expert sessions were held with specialists from **Eternal Hospital**, laying the groundwork for impactful community outreach. The programme provided students with hands-on exposure to real-world mental health challenges, bridging the gap between academic learning and community service. Interns actively engaged with individuals from underserved communities, offering guidance, support, and a compassionate listening ear. This initiative not only strengthened mental health awareness at the grassroots level but also nurtured a new generation of socially conscious and empathetic young professionals.

- Expert session with **Eternal Hospital** mental health specialists
- Student-led community outreach on mental health stigma
- Partnership with IIIM College for structured internship
- Focus on youth mental wellness and early intervention



## Reaching Every Child — Health & Nutrition Kits



A part of the CSR initiative —the **Health & Nutrition Support Program** supported by **Dabur India Ltd.** —Aatmnirbhar NGO distributed nutritious health products, juices, spices, and Heart Health products to hundreds of school children and families at government schools and Anganwadi Centres across Jaipur.



### Key Highlights

- 281506+ children received Health & Nutrition kits
- **Dabur India Ltd.** CSR partnership support
- Products: Juices, Spices, Heart Health products
- Distribution to Anganwadi Centres and underprivileged families
- **SpecialDrive — Kota, Rajasthan (April 2026):** Students at Mahaveer Nagar enthusiastically received kits

## Faith, Health & Humanity

Aatmnirbhar NGO, in collaboration with **Eternal Hospital**, Jaipur — an established medical partner of the NGO — conducted a large-scale free medical camp for thousands of devotees travelling on the sacred **Khatu Shyam Ji pilgrimage**. Extending the NGO's ongoing community health mission, this initiative brought expert medical care directly to the yatra route, ensuring that every pilgrim's spiritual journey remained safe and supported. Skilled doctors and dedicated volunteers served the community from morning till late evening, offering personal attention, medical guidance, and compassionate care to each visitor — from the elderly and children to low-income pilgrims and those with chronic conditions.



### Key Initiatives

- Free health check-ups conducted by expert doctors from **Eternal Hospital**
- Vital signs monitoring — BP, blood sugar checks for all pilgrims
- Basic **first aid and emergency support** available throughout
- On-call specialist doctors present from morning till late evening
- Health counselling for pilgrims prone to fatigue, dehydration, or chronic illness
- Thousands of devotees benefitted from the camp
- Emotional comfort and personal attention given to every visitor

Workplace Safety · Women Rights

## Creating Safe Spaces — POSH Awareness Programme

Aatmnirbhar NGO organised POSH awareness workshops reaching women from marginalised backgrounds across Jaipur and nearby districts. In partnership with **Tab India Pvt. Ltd.** and community leaders, trained facilitators conducted interactive sessions helping women recognise, report, and respond to workplace harassment — building a stronger, safer community from the ground up.



### Programme Highlights

- **Awareness Drives:** Door-to-door outreach conducted in rural and urban slum communities across Jaipur
- **Know Your Rights:** Women educated on what constitutes sexual harassment and how to identify it
- **Safe Reporting:** Guided participants on safe, confidential ways to report workplace harassment
- **Confidence Building:** Interactive sessions helped women overcome hesitation and fear of speaking up
- **Community Leaders Involved:** Local leaders and panchayat members engaged to strengthen grassroots impact

## Beyond Cleanup — A Movement for Change

Aatmnirbhar NGO took an active lead in the Swachh Jaipur Abhiyan by mobilising volunteers across multiple localities of Jaipur for **intensive cleanliness drives**. Going beyond just cleanup, the NGO conducted ground-level inspections at public spaces, parks, and heritage sites to document sanitation violations and spread awareness among citizens about **responsible waste disposal and plastic-free living**. The NGO was honoured among 30+ social organisations at the Swachhata Champion Samman Samaroh for its outstanding contribution toward making Jaipur a cleaner and greener city.



### Inspection Report — Nahargarh Sanctuary, Vidhyadhar Nagar, Jaipur

#### Violations observed during inspection:

- Plastic bottles, wrappers & garbage being thrown openly by visitors
- Bikes and vehicles entering the forest area, disturbing wildlife and ecology
- Clear violation of forest conservation and cleanliness norms

**AATMNIRBHAR NGO urges all citizens:** Maintain the sanctity of forest areas. Do not litter. Prohibit vehicle entry strictly.

"Jahan shraddha ho, wahan swachhata ho."

Aatmnirbhar NGO × Qess Corp Ltd. × Nagar Nigam Heritage

## Planting Seeds of a Greener Future

Aatmnirbhar NGO joined hands with Qess Corp Ltd. and Nagar Nigam Heritage Jaipur for a city-wide plantation drive across Nandankan Park and Shastri Nagar, Jaipur. Volunteers from both organisations came together to plant saplings and take collective responsibility for a greener, healthier Jaipur — reflecting the shared belief that environmental conservation is a commitment to future generations.



- 5,000+ saplings planted — Joint drive with Qess Corp Ltd.
- Venues: Nandankan Park and Shastri Nagar, Jaipur
- Supported by Nagar Nigam Heritage Jaipur
- Volunteers from both organisations participated enthusiastically
- Focus on environmental conservation and green urban spaces



## Our CSR Partnerships & Impact

Aatmnirbhar NGO collaborates with leading corporates, healthcare institutions, and community stakeholders to design and implement scalable CSR initiatives focused on healthcare, nutrition, environmental sustainability, youth engagement, and community welfare.

### Corporate Partners

#### Dabur India Ltd.

Dabur India Ltd. Supported the Health & Nutrition Support Program across government schools and Anganwadi Centres in Jaipur and Kota. Distributed juices, spices, and Heart Health products to school children and underprivileged families through dedicated field drives.

#### Highlights

- Nutrition and wellness support distribution programmes
- Community outreach through schools and Anganwadi Centres
- Preventive health and nutrition awareness initiatives
- Large-scale beneficiary engagement across Rajasthan
- Special Drive — Mahaveer Nagar, Kota, Rajasthan (April 2026)

#### Quess Corp Ltd.

Quess Corp Ltd. Partnered for a large-scale plantation initiative across Nandankan Park and Shastri Nagar, Jaipur. Volunteers from both organisations came together under the support of Nagar Nigam Heritage Jaipur to plant thousands of saplings and promote green urban spaces.

#### Highlights

- Joint environmental sustainability initiatives
- Employee volunteering participation
- Plantation and urban greening campaigns
- Civic engagement and sustainability awareness

### Medical Partners

#### Manipal Hospitals

Manipal Hospitals partnered with Aatmnirbhar NGO to conduct BLS & CPR training, health talks, and wellness initiatives, promoting preventive healthcare and equipping people with essential life-saving skills.

#### Highlights

- Healthcare awareness and preventive care programmes
- BLS & CPR training sessions
- Community health education initiatives
- Medical expert participation in outreach programmes

#### Eternal Hospital

Eternal Hospital partnered with Aatmnirbhar NGO to conduct community healthcare outreach, specialist consultations, and mental health awareness programmes, improving access to care and promoting preventive wellness in underserved communities.

#### Highlights

- Community healthcare outreach programmes
- Mental health awareness initiatives
- Specialist medical consultation support
- Preventive healthcare and wellness awareness



## Empowering Students Through Real-World Social Impact

Aatmnirbhar NGO offers a structured Internship Programme giving students from leading colleges and universities across India the opportunity to work on live social impact projects. Interns actively support health, education, women empowerment, environment, and community welfare initiatives — gaining hands-on experience while contributing meaningfully to society.

**300+**

Total Interns  
Till Date

**10+**

Partner  
Universities

**5+**

States  
Covered

**3+**

Districts  
Engaged

### Activities Interns Support

- Health & Nutrition distribution camps at government schools
- Environmental drives — plantation & Swachh Jaipur Abhiyan
- Documentation, data collection & social media volunteering
- Women empowerment & skill development sessions (Bano)
- POSH awareness & community outreach programmes

### Partner Colleges & Universities

01

**IIM Mansarovar**  
■ Jaipur, Rajasthan

02

**UPES**  
■ Dehradun, Uttarakhand

03

**Biyani College**  
■ Jaipur, Rajasthan

04

**Christ University**  
■ Pune, Maharashtra

05

**SJM College**  
■ Jaipur, Rajasthan

06

**Maharani College**  
■ Jaipur, Rajasthan

07

**Bhimrao Ambedkar University**  
■ Jaipur, Rajasthan

08

**Nirma University**  
■ Ahmedabad, Gujarat

09

**Lovely University**  
■ Phagwara, Punjab

10

**Amity University**  
■ Multiple Campuses



**This year, Aatmnirbhar NGO received several prestigious recognitions — a testament to the dedication of our team, volunteers, and partners. Each award strengthens our resolve to do more.**

## 🏆 Dabur India Ltd. — Health & Nutrition Support Program

**Aatmnirbhar NGO** has been recognized for its outstanding performance and exceptional impact delivered through the Health & Nutrition Support Program in partnership with Dabur India Ltd.

## 🌟 Transforming Lives — Impact at Scale

Through this landmark CSR collaboration, Aatmnirbhar NGO successfully reached and improved the lives of **lakhs of families and children** across Jaipur and Rajasthan — distributing nutritious health products, juices, spices, and Heart Health products through government schools and Anganwadi Centres.





# Thank You

## To All Our Supporters & Volunteers

We wanted to take a moment to express our deepest gratitude for your unwavering support, dedication, and generosity towards Aatmnirbhar NGO. Your commitment as a volunteer and donor has made a significant impact on our mission.

Whether through your time and effort as a volunteer, or your financial support as a donor, you have been instrumental in our ability to bring about positive change in the lives of those we serve. Your kindness and compassion have touched the hearts of countless individuals and families

*"Your belief in our mission gives us the strength and motivation to continue our work tirelessly, day in and day out. Together, we are transforming lives and building a better world."*

**Mohit Maheshwari**

President, AATMNIRBHAR NGO